PE

Autumn 1 2022

Class Plym

I can create movements to music



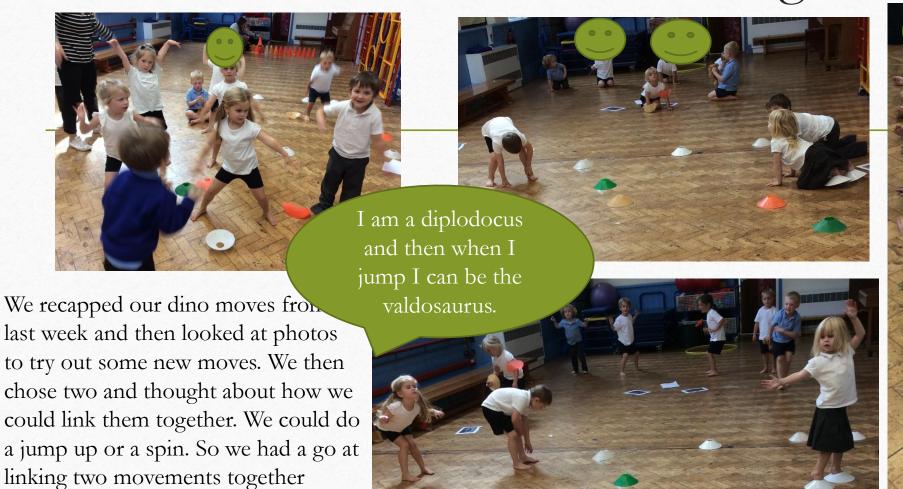
They stomp!

We started off by listening to the story 'Aliens Love Dino Pants' ansd then went to the hall to warm up our bodies by playing a body parts game. We then talked about how dinosaurs move.. Then had a go at putting this to music.

They roar and have their claws out.



I can link two movements together

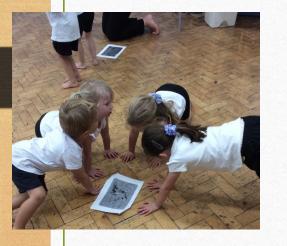


whilst music was playing.

I can link a third move – creating a sequence



We did a spin to go to our next dinosaur





Beginning to create a sequence with a peer



Can you slow down so I can see what you are doing?



You watch me first and then copy what I do

I am repeating
what you do
like a repeating
pattern



Creating and performing our dances

That's a good dance. They both did the same thing.





We worked with a partner to create a dance to the music and then we performed to a very quiet audience who gave us a clap at the end.



PE FLE YRR

Dinosaur Dancing





What I have learnt before:

-We need to warm up before exercise to protect our body.

Forever Facts

I know that I need to bend my knees when I jump to protect my body.

I know that I must warm up before exercise to prepare my body for exercise.

Skills

I can hold a pose for a count of three.

I can link movements together using other movements such as jumps and turns.

Endpoint:

Performing our dance sequence to our peers.

Exciting Books



Personal Development

-To know that exercise is important for our body to keep us healthy.

 To work alongside others effectively.

Subject Specific Vocabulary

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Sequence	Two or more movements linked together.
Partner work	Working with someone else, collaboratively.
Performance	Presenting to others.