

PE

Rounders

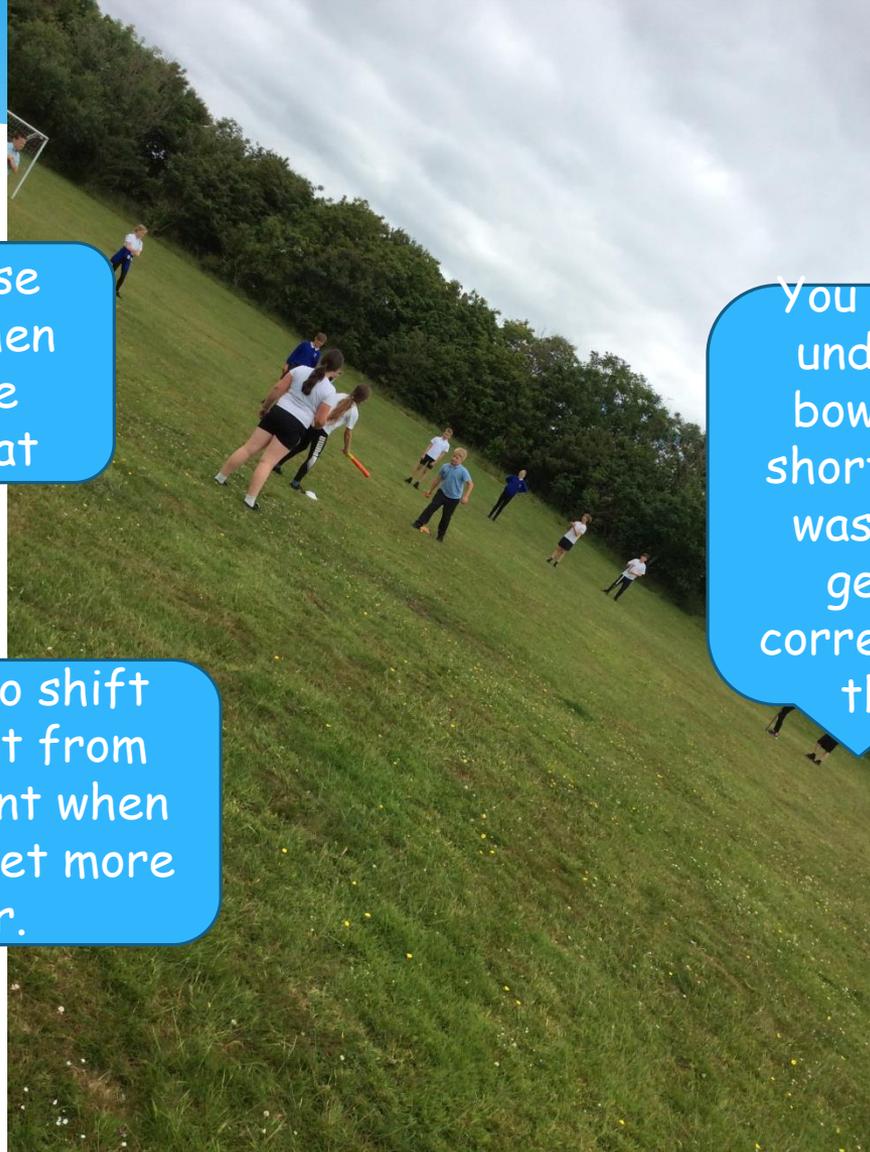
Lynher Summer 2 2022

To learn the correct technique for batting and bowling in rounders.

You must use one hand when holding the rounders bat

You need to shift your weight from back to front when batting to get more power.

You need to bowl underarm when bowling as it's a short distance. It was difficult to get it to the correct height for the batter



To use the correct techniques for throwing and catching when fielding in rounders.

If I catch the ball after the batter has hit it they are out.

When the bases catch the ball they can stump a batting player out if they are running towards them.

I use overarm throw when collected the batted ball to pass to my bowler so the batter cannot run further. Overarm travels further



To know the roles and responsibilities of the backstop and bases in rounders. To field effectively and demonstrate good skill and technique.

The Triangle

In rounders, the triangle is made up of three key fielders: **bowler**, **backstop** and **first base** who have the following key responsibilities:

The bowler stands in the bowling square and bowls the ball towards the backstop's hands.

The backstop stands behind the batter (a safe distance) and holds out their hands for the bowler to aim towards. If the batter misses, the backstop can throw the ball to first base to try and stump them out. If the batter hits the ball behind the back line, the backstop retrieves the ball and returns it to the bowler.

The first base fielder stands inside the first post ready to catch the ball thrown by the backstop and to stump out a batter before they make contact with the post.

You have to throw the ball quickly, under pressure.



I know different fielders must stand in different positions.



You need to think carefully who to throw the ball to as backstop depending on how quickly you react.

To know the roles and responsibilities of the deep fielders in rounders. To field effectively in these positions and demonstrate good skill and technique.



As a deep fielder I need to see if the batter is left or right handed to judge which direction the ball may go.

I need to watch the ball at all times in order to retrieve it quickly.



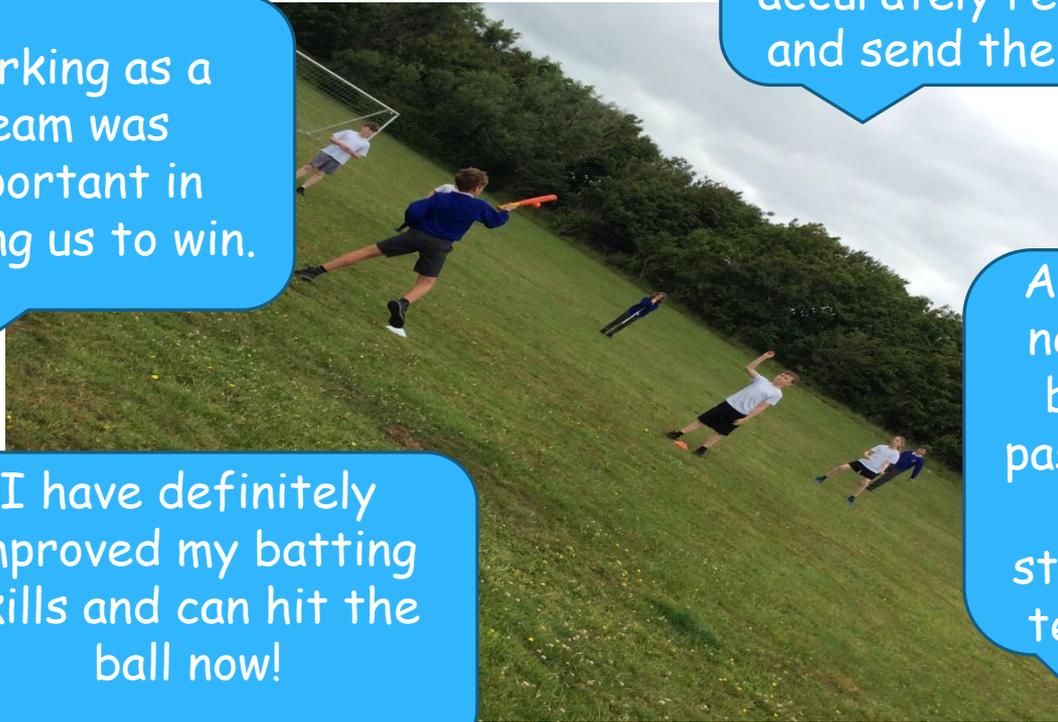
To know and apply the rules of rounders during a game.
To use a range of throwing, catching, fielding and batting strategies.

My catching and throwing skills enabled me to accurately receive and send the ball.

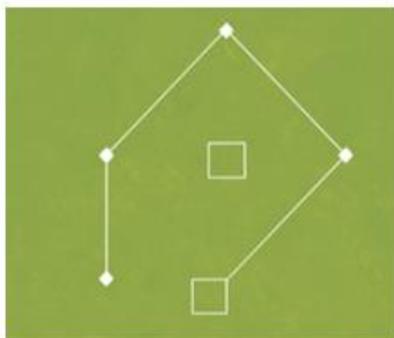
Working as a team was important in helping us to win.

I have definitely improved my batting skills and can hit the ball now!

As a fielder I need to think about who to pass the ball to in order to stop the other team scoring.



What I have learnt in the past: Consolidate throwing and catching skills. Tennis - striking skills.



Forever Facts

The rounder is scored when the batting team player hits the ball and runs around all four posts.

The pitch is rectangular in shape with areas marked out for the batter and bowler to stand.

You must use one hand when batting the ball.

The batter cannot be on the same post as another batter.

Skills

Having an awareness of others

Tactical skill of changing speed and direction

To be able to apply striking and fielding skills in rounders.

To be able to strike a ball that is in the air or off the ground with increasing control.

Exciting Books



Our Endpoint

To use the skills we have learnt over the unit to play a competitive rounders game.

Subject Specific Vocabulary

Batting	Team attacking first
Fielding	Team defending first
Rounder	Getting all the way around with one hit
Backstop	Player behind the batter
Collaborative	Working together

Culture Capital:

To be able to apply all of my striking and fielding knowledge into playing a full game of rounders with all positions. • The real life knowledge that links is: body control and movement, hand-eye co-ordination, tactical thinking, teamwork. • The jobs that it can be used in are: professional athlete, fitness instructor, sports coach or manager, sports official.