

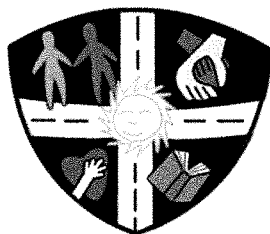
Where children enjoy coming to school
and feel safe.

Staff have created a welcoming and
inclusive ethos.

Pupils feel valued and say there are
always staff who can help them.

OFSTED 2022

Fourlanesend C.P. School



Values for Life

Head Teacher: Mrs Rebecca Norton
Email: head@fourlanesend.cornwall.sch.uk
Website: www.fourlanesendprimary.co.uk
Cawsand, Torpoint Cornwall PL10 1LR
Tel: 01752 822502

27th January 2023

Dear Parents and Carers,

For your information, Year 6 will be taking part in the Big Period Live lesson on 1st March as detailed below as part of the PSHE curriculum.

Brook x Lil-Lets: Big Period Lesson Live Wednesday 1st March @10am

Calling all teachers! Brook and Lil-Lets invite you and your students to our Big Period Lesson Live at 10am on Wednesday 1 March 2023. This broadcast is free to access and aimed at everyone in year 6 and 7.

All young people should learn about puberty in a timely and age-appropriate way, to ensure that it is relevant to children's experiences, and so that they are prepared for the changes they will experience to their bodies, feelings and lives.

Young people should be able to empathise with and support one another during puberty, and so it is useful to teach all young people about menstruation so that everyone is able to have open, supportive conversations about it if they wish to.

Led by expert Brook educators, this lesson will support your students to:

- Define what puberty is and understand body changes
- Understand the correct names for parts of the internal reproductive organs
- Understand key facts about periods and menstrual cycle – including the emotional and physical changes that people can experience
- Understand that periods, experiences and bodies are unique for each person
- Understand the range of products available and how to choose the right one for them
- Identify ways to help someone manage their own menstrual cycle or support others
- Know where to ask for help with questions about their bodies

Kind regards,

Emma Cunningham